

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
July 2026 Calendar events are subject to change	II Room 222 CR Club Room ** Library DR Dining Room (T) Bus Trips MC Media Center AC Activity Center, 1 st Floor BR Billiards Room L Lobby		10:00 Cardio/Upper Body Fitness CR 10:45 Menu Chat DR 10:45 Guided Meditation MC 10:45 One Day University (A) II 12:30 “Out and About”: The Art Complex (T) 1:30 Globe-trotting Travels MC 3:00 Bingo Hour AC	10:00 Quincy Loop (T) 10:00 Balance/Flexibility Fitness CR 10:45 Famous Faces MC 1:30 Patriotic Beaded Pens AC 1:30 Walmart (T) 1:30 Scrabble BR 1:30 One Day University (B) MC 2:00 Profiles and Pictures ** 3:00 Eldy’s Yoga II 3:00 Jeopardy AC 7:30 Movie Loft MC	9:30 Blood Pressure Clinic ** 10:00 Cardio Fitness CR 10:45 Guided Meditation MC 10:45 One Day University (B) II 11:00 Creative Coloring AC 1:30 Travel Hour MC 3:00 July 4 th Mix and Mingle with Kenny Morrell CR 7:30 Movie Loft MC	Happy Independence Day 9:30 Rosary II 10:00 Coordination and Flexibility Fitness CR 10:45 July 4 th Puzzles and Games AC 1:00 Saturday Matinee MC 1:15 July 4 th Bingo Hour AC 3:00 Group Trivia ** 7:30 Movie Loft MC
5 Sunday	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday	11 Saturday
9:30 Protestant Church (T) 9:30 CTV Rosary/CTV Mass CR 10:00 Catholic Mass (St Joe’s) (T) 10:15 Unitarian Church (T) 10:30 Catholic Mass (St John’s) (T) 11:00 Communion CR 1:30 UNO Game ** TBD Weekly Baseball Game MC 3:00 Music with Bill Zinno CR 7:30 Movie Loft MC	10:00 Quincy Loop (T) 10:00 Cardio / Lower Body Fitness CR 10:45 Guided Meditation MC 10:45 Welcome Ambassadors AC 11:00 Word Whirl ** 1:30 Trader Joe’s (T) 1:30 Nature Study II 1:30 Musical Hour MC 1:30 Whist BR 1:30 UNO Game AC 3:00 Trivia with Joanne **	10:00 Quincy Loop (T) 10:00 Core / Flexibility Fitness II 10:45 Walk This Way L 10:45 Town Hall Meeting CR 1:00 Bridge Club ** 1:30 One Day University (A) MC 1:30 Target (T) 1:30 Creative Cards Class AC 3:00 Yoga with Karen II 3:00 Musical Hour MC 7:30 Info Theater MC	10:00 Cardio/Upper Body Fitness CR 10:45 Guided Meditation MC 10:45 Assisted Living Connections ** with Sam 10:45 One Day University (A) II 11:00 “Let’s Do Lunch” (T) Lobster Hut 1:30 Globe-trotting Travels MC 3:00 Bingo Hour AC 4:00 Healthy Choice with Becca **	10:00 Quincy Loop (T) 10:00 Balance/Flexibility Fitness II 10:45 Famous Faces MC 1:30 Scrabble ** 1:30 Walmart (T) 1:30 One Day University (B) MC 1:30 Paint of View AC 3:00 Yoga with Linda II 3:00 Board Game Bonanza AC 7:30 Movie Loft MC	9:30 Blood Pressure Clinic ** 10:00 Cardio Fitness CR 10:45 One Day University (B) II 10:45 Guided Meditation MC 10:45 Tech Connect ** 11:00 Creative Coloring AC 1:30 Travel Hour MC 1:30 Sabbath Service II 3:00 July Birthday Mix and Mingle with Tony Cowan CR 7:30 Movie Loft MC	9:30 Rosary II 10:00 Coordination and Flexibility Fitness CR 10:45 Table Talk AC 1:00 Saturday Matinee MC 1:15 Bingo Hour AC 3:00 Group Trivia ** 7:30 Movie Loft MC
12 Sunday	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday	18 Saturday
9:30 Protestant Church (T) 9:30 CTV Rosary/CTV Mass CR 10:00 Catholic Mass (St Joe’s) (T) 10:15 Unitarian Church (T) 10:30 Catholic Mass (St John’s) (T) 11:00 Communion CR 1:30 UNO Game ** TBD Weekly Baseball Game MC 3:00 Music with Eddie Dillon CR 7:30 Movie Loft MC	10:00 Quincy Loop (T) 10:00 Cardio / Lower Body Fitness CR 10:45 Resident Celebrations Meeting AC 10:45 Guided Meditation MC 11:00 Word Whirl ** 1:30 Whole Foods (T) 1:30 Faces and Places II 1:30 Musical Hour MC 1:30 Whist BR 1:30 UNO Game AC 3:00 Trivia with Mark **	10:00 Quincy Loop (T) 10:00 Core / Flexibility Fitness CR 10:45 Walk This Way L 10:45 Conversations in Aging MC 11:00 District Attorney Meet & Greet CR 1:00 Bridge Club ** 1:30 One Day University (A) MC 1:30 Marshall’s and Michael’s (T) 1:30 Pottery with Suzy AC 3:00 Yoga with Karen II 3:00 Musical Hour MC 7:30 Info Theater MC	10:00 Cardio/Upper Body Fitness CR 10:45 One Day University (A) II 10:45 Guided Meditation MC 12:30 “Out and About”: J.J.’s Dairy Hut (T) 1:30 Globe-trotting Travels MC 1:30 Menu Chat DR 2:00 Music with Susan CR 3:00 Bingo Hour AC	10:00 Quincy Loop (T) 10:00 Balance/Flexibility Fitness 11 10:45 Resident Q & A Hour AC 10:45 Famous Faces MC 1:30 Scrabble ** 1:30 Walmart (T) 1:30 One Day University (B) MC 1:30 Pottery Painting with Suzy AC 3:00 Profiles and Pictures ** 3:00 Eldy’s Yoga II 7:30 Movie Loft MC 7:30 Historian John Horrigan CR	9:30 Blood Pressure Clinic ** 10:00 Cardio Fitness CR 10:45 Guided Meditation MC 10:45 One Day University (B) II 11:00 Creative Coloring AC 1:30 Travel Hour MC 3:00 Mix and Mingle CR With Matt Browne 7:30 Movie Loft MC	9:30 Rosary II 10:00 Coordination and Flexibility Fitness CR 10:45 Name 5 Game AC 1:00 Saturday Matinee MC 1:15 Bingo Hour AC 3:00 Group Trivia ** 7:30 Movie Loft MC
19 Sunday	20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday	25 Saturday
9:30 Protestant Church (T) 9:30 CTV Rosary / CTV Mass CR 10:00 Catholic Mass (St Joe’s) (T) 10:15 Unitarian Church (T) 10:30 Catholic Mass (St John’s) (T) 11:00 Communion CR 1:30 UNO Game ** TBD Weekly Baseball Game MC 3:00 Music with Greg Peters CR 7:30 Movie Loft MC	10:00 Quincy Loop (T) 10:00 Cardio / Lower Body Fitness CR 10:45 Guided Meditation MC 11:00 Word Whirl ** 1:30 Market Basket (T) 1:30 Historical Hour II 1:30 Musical Hour MC 1:30 Whist BR 1:30 UNO Game AC 3:00 Trivia with Joanne **	10:00 Quincy Loop (T) 10:00 Core / Flexibility Fitness CR 10:45 Walk This Way L 10:45 America’s National Parks MC 1:00 Bridge Club ** 1:30 One Day University (A) MC 1:30 T.J. Maxx and HomeGoods (T) 1:30 National Parks Art AC 3:00 National Parks-Opoly AC 3:00 Yoga with Karen II 3:00 Musical Hour MC 7:30 Info Theater MC	10:00 Cardio/Upper Body Fitness CR TBD “Out and About”: Movie Matinee (T) 10:45 One Day University (A) II 10:45 Guided Meditation MC 1:30 Globe-trotting Travels MC 2:00 “Get the Scoop” CR Ice Cream Social 3:00 Bingo Hour AC 4:00 Healthy Choice with Becca **	10:00 Quincy Loop (T) 10:00 Balance / Flexibility Fitness 11 10:45 Famous Faces MC 1:30 Scrabble ** 1:30 Walmart (T) 1:30 One Day University (B) II 1:30 Art Matters MC 3:00 Yoga with Linda II 3:00 Tech Connect ** 7:30 Movie Loft MC	9:30 Blood Pressure Clinic ** 10:00 Cardio Fitness CR 10:45 Guided Meditation MC 10:45 One Day University (B) II 11:00 Creative Coloring AC 1:30 Sabbath Service II 1:30 Travel Hour MC 3:00 Mix and Mingle CR with Tom Bruhl 7:30 Movie Loft MC	9:30 Rosary II 10:00 Coordination and Flexibility Fitness CR 10:45 Should Have Known That AC 1:00 Saturday Matinee MC 1:15 Bingo Hour AC 3:00 Group Trivia ** 7:30 Movie Loft MC
26 Sunday	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday	
9:30 Protestant Church (T) 9:30 CTV Rosary / CTV Mass CR 10:00 Catholic Mass (St Joe’s) (T) 10:15 Unitarian Church (T) 10:30 Catholic Mass (St John’s) (T) 11:00 Communion CR 1:30 UNO Game ** TBD Weekly Baseball Game MC 3:00 Pianist Terry Hooley CR 7:30 Movie Loft MC	10:00 Quincy Loop (T) 10:00 Cardio / Lower Body Fitness CR 10:45 Guided Meditation MC 11:00 Word Whirl ** 1:30 Fresh Market (T) 1:30 All About Art II 1:30 Musical Hour MC 1:30 Whist BR 1:30 UNO Game AC 3:00 Trivia with Mark **	10:00 Quincy Loop (T) 10:00 Core / Flexibility Fitness II 10:45 Walk This Way L 1:00 Bridge Club ** 1:30 One Day University (A) MC 1:30 Dollar Tree & Job Lot (T) 2:00 Feeding the Culture: Tütü CR 3:00 Yoga with Karen II 3:00 Musical Hour MC 7:30 Info Theater MC	10:00 Cardio/Upper Body Fitness CR 10:45 Guided Meditation MC 10:45 One Day University (A) II 11:00 “Let’s Do Lunch” (T) Quan’s Kitchen 1:30 Globe-trotting Travels MC 3:00 Bingo Hour AC	10:00 Quincy Loop (T) 10:00 Balance/Flexibility Fitness II 10:45 Famous Faces MC 1:30 Walmart (T) 1:30 Scrabble ** 1:30 One Day University (B) MC 1:30 Mini Masterpiece Mixer AC 3:00 Eldy’s Yoga II 3:30 TSOLife Focus Group MC 7:30 Movie Loft MC	9:30 Blood Pressure Clinic ** 10:00 Cardio Fitness CR 10:45 Guided Meditation MC 10:45 One Day University (B) II 11:00 Creative Coloring AC 1:30 Travel Hour MC 3:00 Mix and Mingle CR with Chuck Palmer 7:30 Movie Loft MC	

“Out and About”:

The Art Complex - Duxbury

Wednesday, July 1 at 12:30 p.m.

The Art Complex’s collection includes over 8,000 objects, including American and European prints, rare books, Asian Art and additional treasures. Admission is free. Please call to sign up by Monday, June 29

“Let’s Do Lunch”:

The Lobster Hut - Plymouth

Wednesday, July 8 at 11:00 a.m.

Join us for lunch at this casual restaurant on Plymouth Harbor serving “seafood at its best”. Please bring payment for lunch. Please call to sign up by Wednesday, July 1

“Out and About”:

J.J.’s Dairy Hut - Cohasset

Wednesday, July 15 at 12:30 p.m.

Join us for a summer treat as we head to Cohasset for a soft serve or hard ice cream with plenty of dips and toppings. Please bring your own form of payment. Please call to sign up by Wednesday, July 8

“Out and About”:

Movie Matinee - Hingham

Wednesday, July 22 TBD

Join us for a feature film at the Hingham Shipyard Theater. The movie and time will be posted in the Weekly Memo. Please bring money for your ticket and snacks. Please sign up by Monday, July 20.

“Let’s Do Lunch”:

Quan’s Kitchen - Hanover

Wednesday, July 29 at 11:00 a.m.

Quan’s Kitchen offers fresh, quality Chinese and Asian dishes, including sushi. Please bring payment for lunch. Please call to sign up by Monday, July 13

***July
Wednesday
Trips***

Please bring your own form of payment for all trips and sign up by the deadline date by calling the Resident Celebrations Assistants Office at 857-403-1315



**PLEASE NOTE:
THE LIMIT FOR ALL
TRIPS IS 10**

**JULY CELEBRATIONS CALENDAR
HIGHLIGHTS**

“Get the Scoop” Ice Cream Social

Wednesday, July 22 at 2:00 p.m.

Join us for a sweet summer treat, socialize and make your own ice cream sundae. Please call to sign up by Wednesday, July 15

Art Matters

Thursday, July 23 at 1:30 p.m.

Art Matters, an Art Awareness program, brings the museum to you, using fine art reproductions for an up-close and personal experience with over 40 topics of different styles, movements, eras in history and individual artists. Please sign up by Thursday, July 16.

Feeding the Culture: Tutu

Tuesday, July 28 at 2:00 p.m.

Feeding the Culture is an initiative for our Culinary Team and Celebrations Team to partner with residents, especially grandmothers, and celebrate culture, recipes, storytelling, and the joy of sharing cuisine in an immersive culinary experience. This month’s theme focuses on the Hawaiian grandmother, TuTu. Space is limited to 24. Please call to sign up by Monday, July 13



***Discovery Village
Quincy***



Advanced sign up is required for these programs; and any others listed in the highlights that require sign up, please call: 857-403-1315

***Patriotic Beaded Pens 7/2
(sign up by 7/1)**

***Creative Cards Class 7/7
(sign up by 7/1)**

***Paint of View 7/9
(sign up by 7/1)**

***Pottery with Suzy 7/14
(sign up by 7/6)**

***Painted Pottery with Suzy 7/16
(sign up by 7/6)**

***National Parks Art 7/21
(sign up by 7/13)**

***Art Matters 7/23
(sign up by 7/13)**

***Mini Masterpiece Mixer 7/30
(sign up by 7/20)**